

ARE YOU SATISFIED WITH YOUR CURRENT JOB AND CAREER?

Where do you see yourself in the statements below? Place a check mark by all statements that apply.

- I need/want to learn a new skill.
- I want to increase my professional satisfaction, but I don't know how to do it.
- I want to increase my self confidence.
- I need to enhance or change my professional image.
- I want to leverage my strengths in more and better ways.
- I need to manage my stress more effectively.
- I need to take charge of my emotions differently.
- I want to be viewed as a credible, competent leader.
- I am experiencing problems with my boss.
- I feel ready for more responsibility.
- I want a promotion but have no idea how to get it.
- I'm not sure if I am ready for a promotion.
- I want to position myself for a future promotion.
- I need to learn how to handle job interviews better.
- I often find myself thinking that I should leave my current job.
- I know I am not well matched to my current work.
- I dream of doing something completely different.
- I am having difficulty adjusting to the current work culture.
- I was recently promoted to a management position and am feeling insecure in my new role.